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Counselling Adolescents The Proactive Approach For Young People

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[Counselling Adolescents: The Proactive Approach For Young ...](#)

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In this new edition of *Counselling Adolescents*, Kathryn and David Geldard provide a practical introduction to the principles and practices required for successful counselling, to show that working with adolescents can be both challenging and effective. The book is divided into three main parts, covering: - how to understand

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The first, Maintaining a Collaborative Relationship, identifies ways to engage a young person collaboratively throughout a proactive counselling process. The other, Professional and Ethical Issues, deals with these issues as they relate to working with young people.

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However its core readership is counsellors with young people. Though there are now many different kinds of counselling leading to qualification (and careful selection is necessary), there are few that are particularly oriented towards counselling young people. Counselling Adolescents goes a good way towards filling that gap. It will be an effective support to the professional counselor working with young people.

Counselling Adolescents: The Pro-Active Approach - AbeBooks

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This is the definitive guide to counselling adolescents. Now in its fourth edition, this bestseller has introduced thousands of trainees and practitioners to the theory, principals, skills and techniques of proactively counselling this client group. New to the fourth edition: - A new chapter on the contemporary context of adolescence, exploring the challenges, opportunities and influences facing young people today.

Counselling Adolescents | SAGE Publications Ltd

Description. Now in its fifth edition, this definitive guide to counselling adolescents has introduced thousands of trainees and practitioners to the theory, principles, skills and techniques of proactively counselling this client group. With over 4 hours of online resources, this multi-disciplinary book uses case studies and examples to demonstrate how a diversity of needs requires a diversity of approaches and skills through a variety of settings.

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Counselling Adolescents: The Proactive Approach For Young People by Kathryn Geldard; David Geldard at AbeBooks.co.uk - ISBN 10: 1848606435 - ISBN 13: 9781848606432 - Sage Publications Ltd - 2009 - Softcover

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Praise for the First Edition `This book would be a valuable resource for trainee counsellors. It would also serve to enhance the work of experienced practitioners, particularly if they are more familiar with counselling adults or children and would like to build on this by developing their skills with adolescents' - BACP North London Magazine `The style

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In this third edition of their bestselling text, Kathryn and David Geldard provide a practical introduction to the principles and practices required for successful counselling, to show that working with adolescents can be both challenging and effective. The book is divided into three main parts, covering: - how to understand the adolescent as a person - the pro-active approach of working with ...

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Though multiple definitions abound, coaching is generally considered a more proactive approach in achieving behaviour change than standard models of counselling. 6,7 Coaching seeks to initiate change with a present-future orientation, using interventions that specifically delineate clients' goals and the ways to reach them, rather than the past and present orientation that is typical of counselling.

Integrated counselling and coaching with young people

Counselling Adolescents: The Proactive Approach for Young People Fourth Edition. Counselling Adolescents: The Proactive Approach for Young People. Fourth Edition. by Kathryn Geldard (Author), David Geldard (Author), Rebecca Yin Foo (Author) & 0 more. 4.9 out of 5 stars 18 ratings. ISBN-13: 978-1446276044. ISBN-10: 144627604X.

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